



Two Truths But Just One Lie

This is a great exercise to find out a little bit more about the team you are working with.

Team members have to think of and then share two things that are true about them. In addition they must also share something that is lie. The remainder of the team must then decide between them which two facts are true and which is a lie.

A different take on this exercise is that three members of the group leave the room. When they return to the room each will tell everybody of a story/event/fact about himself or herself. One of these people will be telling the truth, the other two will be telling lies. The team must guess who is telling the truth.

Group Size: Any size

Key Stages: Upper KS2, KS3, KS4 & KS5

Team Building Skills: Sharing information, Public Speaking, Trust

Equipment: No equipment needed



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